

# A good health starts from within...

Our research experience on dietary supplement;  
strengthening health in every direction

Cliantha Research, a full-service Clinical Research Organization (CRO), is a leading provider of clinical research services. With over seventy two years of experience in consumer research, Cliantha is your preferred partner when it comes to nutraceutical research. Our expertise & robust strategy will help you to meet stringent timelines, while addressing your clinical study objectives. Our team has successfully completed studies for the following nutraceutical categories/ products:

Product Category	Therapeutic Area	Population	Sample Size
Nutra - Biscuits	Blood Glucose maintenance	Pre-diabetic	150
Nutra - Biscuits	Blood Glucose maintenance	Type – 2 DM	450
Nutra Product	Effect on FBG and HbA1c	Type – 2 DM	100
Chyawanprash Health Supplement	Blood Glucose Levels (Safety Study)	Type – 2 DM	36
Natural Sugar	Natural sweetener on post-prandial blood glucose levels	Healthy Subjects	90
Chewing gum containing herbal extract	Oral Malodour & Germ Protection	Healthy subjects	78
Dark Chocolate	Incidence of Dental Caries	Males   Females   Kids	15
Food   Sugar   Wellness Product	Glycemic Index	Healthy subjects	50

# A good health starts from within...

Our research experience on dietary supplement;  
strengthening health in every direction

Sugar Substitute	Glycemic Index	Healthy subjects	30
Nutra Capsules	Anti-Acne	Acne, Skin Type III-V	24
Nutraceutical Capsules	Skin Lightening	Skin Type III-IV	60
Nutraceutical Capsules	Maintaining   enhancing hair growth in men with AGA   Hair Re-Growth	Men with Androgenic Alopecia	50
Herbal Products (Cough Drops)	Management of acute cough	Male & Females with throat soreness	100
Butter	Lipid Profile	Healthy Subjects with higher than normal blood lipid levels	12
Food Product	Immunity	Geriatric subjects	100
Health Drink	Overall Wellness - Cholesterol levels, enhances and regulates digestion, improves immunity power	Healthy Human	100
Polyherbal formulation (Capsule)	Weight Management (Safety study)	Overweight & Obese Class 1	120
Polyherbal formulation (Capsule)	Weight Management (Metabolic Efficacy study)	Overweight & Obese Class 1	180
Herbal Patch	Pain Management	Subjects with Acute   Subacute   Chronic Pain	100
Sugar Substitute	Change in Body weight & waist	Overweight & Pre-diabetic	30 + 30

## A good health starts from within...

Our research experience on dietary supplement;  
strengthening health in every direction

[cliantha.com](http://cliantha.com)

USA | CANADA | EUROPE | INDIA

	circumference	Overweight	
--	---------------	------------	--

Contact Cliantha for more information about how we can enable you to make product launch decisions faster.

[info@cliantha.com](mailto:info@cliantha.com) or visit [www.cliantha.com](http://www.cliantha.com)