

KEY OPINION LEADER: RESPIRATORY

DR. GOPAL JITENDRA RAVAL

MBBS, DNB (Respiratory Medicine), DTCD, FCCS (Critical Care)
MNAMS, EDARM, FSM, IBSM



Educational Qualifications

Sep-19	European Diploma In Adult Respiratory Medicine (Edarm)	European Respiratory Society (Ers)
Oct-18	International Board Certification In Sleep Medicine (IBSM)	World Sleep Society
Apr-18	Fellowship In Sleep Medicine (FSM)	Indian Sleep Disorders Association (Isda)
Sep-12	PSG & Sleep Disorders Course	Sleep Asia, Approved by American Association of Sleep Technologist(Aast),Usa
Aug -11	Certification In Sleep Medicine (CSM)	International Institute of Sleep Science with Pinnacle Health Care Centre (USA)
Aug-11 & Feb-12	Advanced Cardiac Life Support(ACLS) & Basic Life Support (BLS)	American Heart Association (AHA)
Jun-08	Fundamental Critical Care Support(FCCS)	Society of Critical Care Medicine America
Oct-05	Foundation Course In Critical Care Medicine	Critical Care Education Foundation (Mumbai-India)
2003 – 2005	DNB (Diplomate of National Board in Respiratory Disease)	Jaslok Hospital And Research Center Mumbai, Maharashtra
1999 – 2001	DTCD (Post Graduate Diploma in TB and Chest Disease)	Baroda Medical College, M.S. University Baroda, Gujarat
1993 – 1999	MBBS (With 1 Year Rotating Internship)	Baroda Medical College, M.S. University, Baroda, Gujarat

Experience: >25 years

- Consultant pulmonologist critical care and sleep disorders specialist in Ashrai Associates
- Teacher in DNB (Critical Care Medicine), at Sterling Hospital, Ahmedabad
- Teacher in course Indian Diploma of Critical Care (IDCC) conducted by Indian Society of Critical Care Medicine (ISCCM) at Sterling Hospital, Ahmedabad
- Governing council member in Indian Sleep Disorders Association
- Founder member of South East Asian Academy of Sleep Medicine
- As a Secretary in Indian Society of Critical Care Medicine (ISCCM) in Ahmedabad chapter
- Course Director in critical care fellowship course at HCG Multi-specialty Hospital, Ahmedabad

- Instructor in Fundamental Critical Care Support (FCCS) course-conducted by Society of Critical Care Medicine (SCCM), USA
- Regional faculty for Asia –Pacific country: ACLS & BLS course - conducted by American Heart Association (AHA), USA
- Training Centre faculty & coordinator in Ashrai Medical Education & Research Centre (AMERC) ACLS & BLS course - conducted by American Heart Association (AHA), USA
- Senior Registrar in Department of Critical Care Medicine – Krishna Heart Institute
- Registrar In Department of Respirator Medicine in Jaslok Hospital and Research Center, Mumbai
- Bronchoscopy Trainee at Tata Memorial Hospital, Mumbai
- Registrar in Department of Critical Care Medicine in Bhatia Hospital

Publications/Presentations:

- Paper “Correlation of Epworth Sleepiness Scale and Apnea-Hypoapnea Index in Patients of Obstructive Sleep Apnea” presented at Sleepcon 2011
- Pleuroscopy: A Tertiary Care Experience. Journal of Sterling Hospital 2011; 3:18-23.
- Chapter “Non-Invasive Ventilation” in Workshop Book of Basic of Mechanical Ventilation, ISCCM, Ahmedabad, June-2011
- Abstract “Brathlessness of unknown origin in HIV Positive Patient” in APGCON – December 2011
- Chapter “Arrhythmias in ICU” in workshop book of “Haemodynamic Monitoring”, ISCCM, Ahmedabad, Jan-2012
- Case report “Pneumothorax, Pneumomediastinum, Subcutaneous Emphysema and Pneumorrhachis as a Complications of Common Flu” Am J Case Rep, 2012; 13:198-201
- Ball in Tracheobronchial Tree, Thoracic Endoscopy July-December 2017, Volume 2 ,Issue 2
- Therapeutic Outcome of Surgical Therapeutic Thoracoscopy Versus Medical Thoracoscopy Versus Intercostal Drain (ICD) with or without Intrapleural Fibrinolytic Therapy (IPFT) in Management of Pleural Diseases Thoracic Endoscopy July-December 2018 Volume 3 ,Issue 2
- Role of Bronchoscopy in Sputum Smear Negative Pulmonary Tuberculosis Thoracic Endoscopy January-June 2018 Volume 3 ,Issue 1
- Is High Flow Nasal Cannula as an effective oxygen delivery alternative in Intensive Care Unit ? International Journal of Advances in Medicine 2019 April;6(2),460-463.
- Significance of Serum Electrolyte Imbalance and Comparison Between Different Testing Methods in Patients with Altered Sensorium Presenting to Tertiary Care Hospital. International Journal of Advances in Medicine 2019 Jun;6(3),828-832.
- Development of Ahmedabad's Air Information and Response (AIR) plan to protect public health International Journal of Environment Research and Public Health 2018: 15(7),1460
- Poster “ Relationship Between Metabolic Syndrome and Obstructive Sleep Apnea in Gujarat Population” Imanatcn-2014
- Chapter in ISCCM manual of RRT and ECMO in ICU March-2020
- “ Type of Renal Replacement Therapy In ICU”
- Chapter in ISCCM manual of Non Invasive Ventilation March-2020
- “ Non Invasive Ventilation in Cardiogenic Pulmonary Edema”

Membership:

1. Indian Chest Society
2. National College of Chest Physician
3. Indian Society of Critical Care Medicine
4. Indian Medical Association, Gujarat, India
5. National Academy of Medical Science
6. Association of Chest Physician of Gujarat
7. Association of Physician of Ahmedabad
8. Indian Sleep Disorders Association
9. Indian Bronchology Association
10. Indian Institute of Sleep Research
11. European Respiratory Society
12. South East Asian Academy of Sleep Medicine